

Mental Health Nurse Practitioner Residency (MH-NPR)

General Information:

VA Southern Nevada Healthcare System welcomes you to the Mental Health Nurse Practitioner Residency. We invite you to explore the information about VASNHS' Nurse Practitioner Residencies and the organization.

Throughout the program, residents receive daily one-on-one supervision with carefully selected preceptors who are excellent clinicians and caring mentors. Program faculty and preceptors make every effort to support each resident in their professional and personal wellness.

Residents are encouraged to ask questions, broaden their knowledge base, and refine their clinical skills in assessment, psychopharmacology, and psychotherapy. They gain ample hands-on experience using their clinical skills with a diverse population and a range of clinical settings. Each clinical experience will be of substantial duration (minimum of 3 months) so residents can work closely with their preceptor, site, and Veterans. Residents will gain hands-on experience using their clinical skills while providing direct care to Veterans.

Residents will serve a diverse population of Veterans in the Southern Nevada region in the settings of outpatient psychiatry, inpatient psychiatry, and an elective mental health specialty program. During each clinical experience, mental health nurse practitioner residents routinely collaborate with colleagues of different professional backgrounds including nursing, medicine, social work, pharmacy, psychology, primary care, as well as other professions and specialties. Graduates of MSN and DNP psychiatric-mental health nurse practitioner programs are encouraged to apply for the residency.

Program Structure:

The mental health nurse practitioner residency program is designed to identify and meet the individual learning needs of new psychiatric mental health nurse practitioners without work experience as a nurse practitioner. The residency seeks to develop mental health clinicians who are highly skilled in evidence-based practices who are ready to meet the challenge of serving our country's veterans.

VASNHS's Behavioral Health Services has a broad array of programs specializing in treating Veterans affected by severe mental illness, substance use disorders, gambling disorder, post-traumatic stress disorders, neurocognitive disorders, sleep disorders, and couples and family relationship conflict. Additional services offered through BHS include Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, Dialectical and Behavioral Therapy, and Eye Movement Desensitization and Reprocessing, transcranial magnetic stimulation, medication assisted treatment for opioid and alcohol use disorders.

The residency program structure is based on Jean Watson's Theory of Human Caring/Caring Science and Dr. Patricia Benner's theory of Novice to Expert. At program completion, residents can expect to step confidently into broad range of mental health nurse practitioner positions in complex healthcare environments

This 12-month residency consists of a 40-hour work week. The program is clinically focused 80 percent of the time and includes didactics 20 percent of the time.

Scholarly/Quality Improvement Project:

The residency aims to recruit nurse leaders who aspire to improve the healthcare system, patient outcomes and contribute to the advancement of the nursing profession. Residents will develop leadership skills in preparation for their role as, stakeholder in the shared model of governance at VASNHS. A range of leadership opportunities are incorporated throughout the residency including leading a quality improvement project and potentially presenting their findings at a professional conference, attend

professional conferences, and attend dynamic guest lectures by expert clinicians and top-level healthcare leaders in the organization and community.

Residents work closely with clinicians throughout the VA of Southern Nevada and there is open communication with the University of Nevada in Las Vegas and Reno.

Upon completion of this program, graduates will receive a Residency Completion Certificate from the program with the number of documented clinical hours.

****If you are interested in submitting your application and documents during the acceptance time-period, please email the program director and he/she will send you a secure email to submit your personal information. All required documents must be submitted at the same time (except for official transcripts) and must be in pdf format including Letters of Recommendation or the application will not be accepted.**

If you have any questions, please feel free to contact the MH-NPR Program Director:

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702-518-4996 (leave a message)